This paper explains about emotional abuse. Emotional abuse itself is one thing that many people do not really consider as a form of abuse although it is. They usually don’t really understand about how emotional abuse can take forms. These make the topic interesting to be analyzed therefore the writer tries to describe it in psychological way through the memoir written by Richard B. Pelzer, *A Brother’s Journey: Surviving a Childhood of Abuse*.

Based on the analysis, the writer found the answer to give deeper explanation about the categories and the forms of emotional abuse. In this analysis, the writer used Dorota Iwaniec’s theory about emotional abuse, Charles Wenar’s theory as he concludes the seven categories of emotional abuse, and some other theories. Library research is method that the writer used in doing this research.
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